

#### EXCELSIOR INDEPENDENT SCHOOL DISTRICT

# School Health Advisory Committee Meeting Minutes

March 13, 2024

#### I. Call to Order

Roni Waller, called to order the regular meeting of the SHAC at 8:48 a.m. on March 13, 2024, at the Excelsior ISD Administrative Office.

#### II. Roll Call

The following persons were present:

Megan Adkinson, Nurse Roni Waller, Principal

#### III. Approval of Minutes from last meeting:

Minutes were approved as read. Motion carried 2 for 0 against.

#### IV. Old Business:

Spoke with Feleshia Thompson from Texas AgriLife. Excelsior students can begin Walk Across Texas the week of March 18, 2024. Working on getting Excelsior ISD recognized as a "Healthy School".

#### V. New Business:

- a.) Discuss the possibility of a health and wellness fair.
  - a. Megan Adkinson suggested that we hold it on the same night as Meet the Teacher due to the high turnout. She feels we will be able to get the information out to more families this way.
  - b. Community Needs:
    - i. Immunization Clinic
    - ii. Afterschool extracurricular activities
    - iii. Hope Clinic, TCHATT for mental health needs
    - iv. Texas AgriLife
    - v. Alcohol Drug and Council
    - vi. Local eye clinics
    - vii. Dental services
- b.) Will compile a list and get a plan for outreach services before our next meeting.

# WILDCATS

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c.) Next meeting will be on April 10, 2024 at 8:30 a.m.

### VI. Adjournment

Roni Waller adjourned the meeting at 8:52 a.m.