



School Health Advisory Committee Meeting Minutes

February 7, 2024

I. Call to Order

Megan Adkinson, called to order the regular meeting of the SHAC at 8:40 a.m. on February 7, 2024, at the Excelsior ISD Administrative Office.

II. Roll Call

The following persons were present:

Megan Adkinson, Nurse
Marcus Adkinson, Parent
Mindi Chavez, Parent
Rhonda Choate, Parent
Jennifer Peoples, TCHATT presenter
Melanie Patterson, ADAC presenter
Feleshia Thompson, Shelby County Extension Agency presenter

III. Approval of Minutes from last meeting:

Minutes were approved as read.
Motion carried 4 for 0 against.

IV. Old Business:

a.) Approval of bylaws, vision, mission, and goals of Excelsior ISD SHAC Committee.
Motion was made by Mindi Chavez, seconded by Marcus Adkinson.
Motion carried 4 for 0 against.

V. New Business:

a.) Melanie Patterson discussed the drug prevention curriculum, "Community Kids and Youth Connection". It is a ten session curriculum offered during a typical classroom setting. Offering the curriculum for the 4th, 5th, and 6th graders. In March, Texas Tobacco Free Kid's Day. Offer resources on the dangers of tobacco and vaping. She will be contacting the school to set up a time to speak to the students. They also provide Fentanyl training and help schools work on the policy.



- b.) Jennifer Peoples, the program manager of TCHATT gave an overview of the program to address children's mental health needs. Looks at child's need to see if they need additional support outside of the five sessions. If support is still needed, they will be a liaison to help with more resources. The program is completely free. Their goal is to promote positive school outcomes, early interventions, decreased absences, increased access to vulnerable populations, trusting, meaningful and positive environment to promote future success. They are interested in coming to community outreach events.

- c.) Feleshia Thompson, County Extension Agent. "Walk Across Texas" program overview. Awards for top teams and top individual walkers. "Learn, Grow, Eat, and Go" program overview. Consists of ten lessons that align with TEKS, 3rd grade gardening program. Within the program, students participate in a food demo, taste vegetables, they provide all the supplies. "Color Me Healthy", ten lesson program, preschool program that promotes movement and eating healthy. Discussed 4-H and the areas it covers.

VI. Adjournment

Megan Adkinson adjourned the meeting at 9:15 a.m.